



28 Belgravia Street, BELMONT WA 6104
Phone (08) 6364 0334 | Fax (08) 9371 1044
Email | egymnastics@inet.net.au
Website | www.spiritgymnsports.com.au



Issue 8 | August 2018

Spirit News

As we near the end of Term 3, with 3 weeks remaining, Spirit congratulates all the athletes, coaches, volunteers, judges and families for their hard work in the current competition season and wish them the best for the remainder of the season. There have been some fantastic results and achievements so far from all our squads. Keep up the amazing work!

On behalf of Spirit Gym Sports, we want to wish a big congratulations to Caroline Wickens and her husband who are expecting their first child in January!

As always if you have any questions or concerns please speak to your coach directly or contact Samantha at reception on 6364 0334 or egymnastics@inet.net.au

Volunteer Section

We are always looking for volunteers & parents wanting to help and give back to the Club. From judging to floor managing at competitions there are several different volunteering opportunities throughout the year. If you are interested in volunteering at any of these events, please email Samantha at egymnastics@inet.net.au for further information.

Judges Wanted!

Have you ever thought about judging gymnastics? Spirit need parent volunteers to help judge at competitions. There are many avenues that you can take, from beginner classes to advanced & FIG classes and it does not matter that you have never had any prior experience. We provide all the learning tools needed to pass the course, as well as **reimbursement** for the cost of the course. If you are interested, please email Debbs at debbsvanhagen@hotmail.com for more information.

Competition Session Officers

Gymnastics WA have now reopened applications for Competition Session Officers. To apply for the position, complete the application form on the Gymnastics WA's website and submit it to the Gymnastics WA office either via e-mail to info@gymnasticswa.asn.au or via post: PO Box 372, Leederville, WA 6903. All applications must be received by **Friday 10th August 2018**. After this time interviews will be scheduled with applicants who meet the criteria.

Make-up lessons

Just a reminder that if your child is unwell and unable to attend a class please make sure you provide us with a medical certificate so that we can book them into a make-up lesson or provide a refund.

Bring a Friend – special offer!

Does your child wish to bring a friend to training? All recreational classes allow athletes to bring friends to 1 free session throughout the term (only for Hall 1 recreational classes).

If you bring a friend along for a free trial, you will receive 50% off our club fleece! If one of those friends joins our club, you will receive the club fleece totally free!

Annual Theme: **‘Gymnastics does not build character, it reveals Character’**

Monthly Quote

“You learn more from losing than winning. You learn how to keep going.” - *Morgan Wootten*

2018 Term Dates

T1: Monday 5th February - Sunday 15th April

T2: Monday 30th April – Sunday 1st July

T3: Monday 16th July – Sunday 23rd September

T4: Monday 8th October – Sunday 16th December

2018 Public Holidays

Queen's Birthday – Monday 24th September



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Aerobic Gymnastics

Spirit Gym Sports has a very successful aerobic gymnastics program with many Spirit athletes representing Western Australia at the National Championships each year. We are currently offering free trials of our Aerobic Gymnastics program held on Saturday's from 10:00am – 12:00pm for 8 - 13-year old's at Belmont. We also hold classes during the week at the Loftus Centre for ages 13+. Please contact Samantha at reception on 6364 0334 or egymnastics@inet.net.au to book.

Dance

Spirit Gym Sports wishes a big welcome to our new dance teacher Tammy Roberts! Tammy will be offering a dance class for all squad athletes on Friday's from 5:30pm – 7:30pm in Hall 1 with the cost being \$15.00 per session. Please contact Debbs Van Hagen at debbsvanhagen@hotmail.com if you would like to register for this class.

Change of contact details

Please be aware that the email address spiritgymnsports@hotmail.com is no longer running therefore if you are wishing to contact Debbs Van Hagen directly you need to contact her through her new email address debbsvanhagen@hotmail.com or you can contact the club at egymnastics@inet.net.au

Wayan's Bali Massage

Spirit Gym Sports would like to welcome Wayan's Bali Massage to our family! We currently have flyers around the gym offering \$10.00 off your next treatment, they offer many different services including massage, reflexology, hot stone therapy, cupping & deep tissue. Please pop in and say hello, they are in the Hall 2 viewing area. Please contact them on 0422 390 569 to book.

Acrobatics 101

Acrobatics 101 is a new class that has commenced in Term 3. This class is being held on Saturday's from 12:30pm – 2:00pm and teaches children aged 6 – 12 to tumble. Please send your expression of interests to either debbsvanhagen@hotmail.com or egymnastics@inet.net.au

Birthday Parties

Do you have a child's birthday party coming up? Did you know that Spirit Gym Sports hosts gymnastics birthday parties? Up stairs in Hall 1 we have a birthday party room which can hold up to 30 children. The party consists of a 45 minute gymnastics class and 45 minutes in the party room with each child receiving a party bag! Please contact Samantha at reception on 6364 0334 or egymnastics@inet.net.au to enquiry about holding your next birthday party with us.

Save the date

Saturday December 15th will be our End of Year Display Day! Make sure to put this in your diary, it will be held at the Loftus Centre, 99 Loftus Street Leederville.

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Results Section

WAG Series 2

Women's Artistic Gymnastics

- Stephanie Tan, Sarah Hagan, Torah Roberts, Zoe Green, Holly Summers and Carmen Tupicoff – Level 4 Gold

In House Competition

Men's Artistic Gymnastics

- Luca Di Bartolomeo – Gold
- Beau Thompson – Gold
- Jack Jennings – Gold
- Orlando Fonseca – Silver
- Gareth Huan – Silver
- Ben Rucklidge – Silver
- Noah Rucklidge – Bronze
- Gabriel Huan – Bronze
- Metha Skulmanayeunyong - Bronze



Women's Artistic Gymnastics

Pre Level One

- Sofia Bradford - Gold
- Milla Graham Arho - Gold
- Georgina Brook - Silver
- Lexie Jas - Silver
- Caitlin Pollard
- Abigail Doncon – Bronze
- Mia Eid - Bronze

Level One

- Aria Davies - Gold
- Mikayla Pagoda - Gold
- Tory D'Alessio - Gold
- Halle Cain - Silver
- Celina Trinh - Silver
- Hayley Hill - Silver
- Charlotte Gulati - Bronze
- Ella Galbraith - Bronze
- Neayah Smith - Bronze



Women's Artistic Gymnastics

Level Two

- Makayla Moylan - Gold
- Ava Morris - Gold
- Sara Martin - Gold
- Anna Martin - Gold
- Leilani Oliver - Gold
- Paige Myles - Silver
- Isabella Garcia - Silver
- Abby Martin - Silver
- Isabella Reece - Silver
- Angelina O'Meara - Bronze
- Milla Brickel - Bronze
- Tamsin Hill - Bronze
- Angela Morris Mellingdale - Bronze

Level 3

- Jessica Hersey - Gold
- Cara Zappia - Gold
- Lara Ionata - Silver
- Livina Armstrong - Silver
- Georgia Reid - Silver
- Miliie Stancil - Bronze
- Lucy Brabin - Bronze



Annual Theme: **“Gymnastics does not build character, it reveals Character”**

High Flyers Invitational

Women's Artistic Gymnastics:

- Neveyah Smith – Bronz
- Ava Barr – Bronze
- Aleska Wearne – Bronze
- Aria Davies – Silver
- Mikayla Pagoda – Silver
- Tory D'Alessio – Silver
- Isabella Garcia – Silver
- Sara Martin – Silver
- Abby Martin – Silver
- Makayla Moylan – Silver
- Ava Morris – Silver



Judges Invitational

Level 3 Women's Artistic Gymnastics:

- Fiona Moore - Gold
- Sara Browne - Silver
- Tahlia Martin - Silver
- Annabel Christie-Stolt – Bronze

Level 5 Women's Artistic Gymnastics:

- Aleisha Patriarca
- Halle Warne
- Keigh Hughes

Highlight's include Keira finishing 2nd on floor & Aleisha finishing 1st on floor & 2nd on beam



Roleystone Invitational

Acrobatic Gymnastics:

- Level 2 Trio – Silver
- Level 4 trio – Gold
- Level 4 Pair – 4th
- Level 4 Pair – Silver
- Level 5 Pair – Gold
- Level 5 trio – Gold
- Level 5 trio - Silver



Coach Details

Please contact Caroline, Debbs, or Samantha for any issues relating to training times, coaching issues and schedules.

Caroline: carolinewickens@outlook.com
Debbs: debbsvanhagen@hotmail.com

Samantha: egymnastics@inet.net.au
Phone: 6364 0334